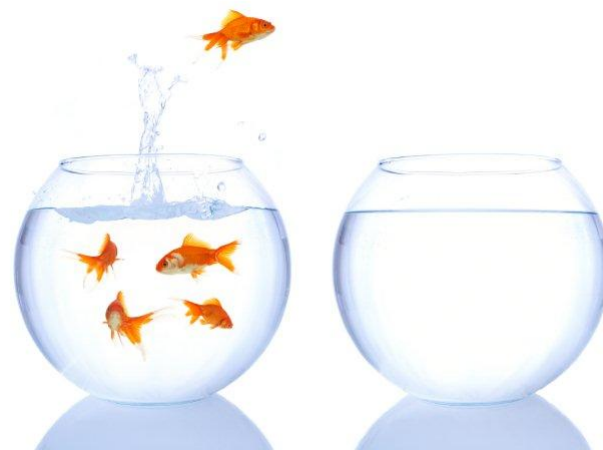


Align Your Life

Two days unique workshop that focuses on achieving inner and outer alignment for a well-balanced life



Align Your Life is a unique workshop that focuses on achieving inner and outer alignment through Aura and Feng Shui Alignment. The aim of this workshop is to help all participants balance their life by blending the knowledge from different modalities

This workshop coaches you on how to identify and harness your inner potential and energies through the ancient knowledge of Aura Alignment. This knowledge will help you to manage stress and eliminate impending health problems

Outer Alignment focuses on achieving balance in your living and working space through ancient knowledge of Feng Shui. Various simple techniques are taught to help you cleanse and create harmonious energies in your surroundings

This workshop combines two diverse aspects of life by merging ancient knowledge of Chakra system and Feng Shui to help you move forward by aligning your life

Testimonials

"I don't know of any other institute that offers this unique wholesome programme. We hired Shivani to run this programme for our senior management and the response was overwhelming. Her expertise is commendable and we have booked her for 10 more workshops"

Jeremy

"Very different workshop compared to what I have attended so far. It's a brilliant idea to combine two different subjects. For the first time in my life I feel I am able to balance my life inside out!"

Stella

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Course outline

Day 1: Inner Alignment: Learning Outcomes

- Stress management techniques
- Enhanced intuition
- Aura cleansing techniques
- Assessment of Aura for self and others
- Applying the knowledge in everyday life
- Balancing personal and professional life
- Better understanding of self and others
- Learning to prioritize and relax
- How to remain calm in a storm

Day 2: Outer Alignment: Learning Outcomes

- Self awareness
- Origin and History of Feng Shui
- Elements and interaction
- Personalized Feng Shui Alignment
- Kua number calculations
- Using favorable directions in everyday life
- Impact of shapes and colours
- Feeling the energy flow
- Applying the knowledge at home and workplace

Shivani Adalja is a well-known new age wellbeing consultant in the Middle East and Gulf region. She has done consulting work for world-renowned spas like Chivasom in Thailand. She regularly conducts Aura Alignment workshops in Australia, Thailand, Hong Kong, Belgium, China, Indonesia, Oman and India. Shivani runs her Alignment Institute in Abu Dhabi, United Arab Emirates. She is renowned for her knowledge about Aura Alignment and Feng Shui Alignment. She is invited in MIND BODY & SPIRIT festivals across Europe and Australia to undertake private consultations and conduct Aura Alignment workshops. She regularly writes for many global publications and has been interviewed by international media

