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Feng Shui for education

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In today's competitiveworld, exams have become a focal point in the life of children.

Qualifications and grades are of paramount importance. Parents are willing to go to any length to secure a place in good educational institutions for their children. Paper qualifications have become necessary to secure a good place in life. Children are expected to top their class and secure high marks in all examinations. The pressure to excel is higher than before. Over the years the number of children suffering from learning disabilities have increased and stress levels are on the rise. So is there any secret formula that can help your children study better? Is there anyway you can get your child to focus on what is important?

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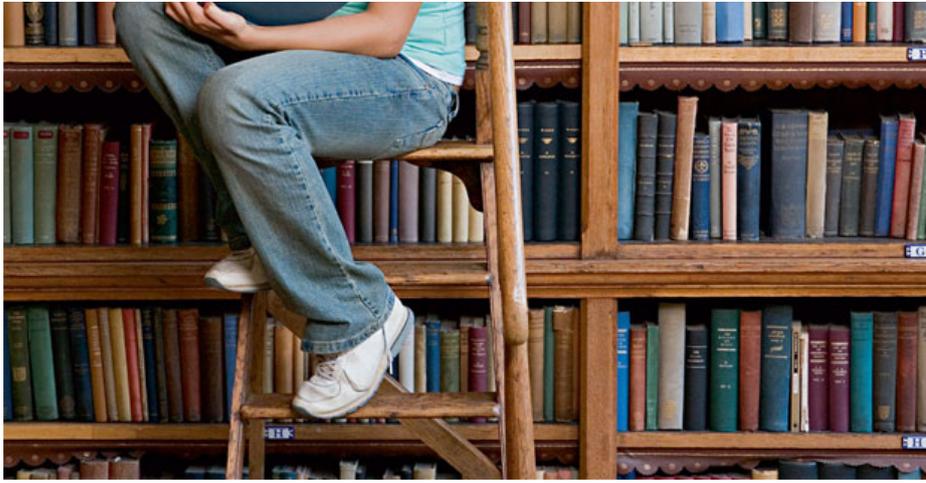
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The answer to these questions is yes. Feng Shui has been used for thousands of years to bring about harmony and balance in our environment. It affects the way we live, work and raise our children. Feng Shui can help in creating a suitable environment for your children to flourish and be successful. To begin with, children should study and sleep in their favourable direction. This can be easily derived from their date of birth and kua number calculations. Place a study desk in the favourable position and you will see that the focus and concentration will improve over the next few weeks.

Secondly, create yang energy in the study area. This can be easily accomplished by incorporating fun and games in the study material, so that the children are active and learn while playing. Use tools such as mind mapping to enhance memory and create easy charts for large amounts of information; this enhances the process of learning. Enrolling your children in a chess or abacus class will sharpen their mind and exercise brain cells. Balance the study room with soothing yet powerful colours such as blue, yellow and violet. Avoid placing the study desk opposite a toilet or a door to avoid illnesses.

Displaying charts and pictures related to studies will also create a supportive environment. Do not display sharp objects, a television or music system in the study room to avoid creating harsh energy. Remember to get good grades, children need to feel secure, and happy. If the environment is supportive, they will flourish into healthy, happy and successful adults.

Shivani Adalja is an Abu Dhabi-based well-being expert. She runs the Alignment Insitute which offers effective solutions that focus on stress management and overall wellbeing. Email align@shivaniadalja.com

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