

L LIFESTYLE

TOP
Pick!

ANTI-AGEING SKINCARE GETS BOOST

Using its precious secret ingredient, Koishimaru Silk, which promotes hyaluronic acid synthesis ensuring the skin's natural reservoir of moisture stays plentiful, Sensai now introduces total lip treatment, eye contour cream and eye contour balm. Aiding anti-ageing skincare for individual needs, this new range of products counters signs of ageing, making the skin look fresh and luminous. The three new products are tailor-made to target specific zones with specific concerns, giving you firmer eye zones and fuller lips.



What fries say about you

One at a time? A handful? Extra seasoning?

ATTENTION ALL FANS of French fries: If you prefer eating one at a time, there are chances you're detail-oriented. Or if you're among those who take a handful of fries together, maybe you have a worried mind, says an expert.

Chef Tushar from McCain Foods Kitchen has shared personality traits revealed through your fry-eating habits:

• **One piece at a time:** If you prefer eating one piece of fry at a time no matter in what kind of hurry you are, then you are in for a treat. This tendency reveals that such people are detail-oriented, light-hearted, keen and observant. Most people who eat one fry at a time have a lot of time on their hands and are not much worried about the fast-paced world around them. They also like day-dreaming and have a laidback attitude.

Top two words that suit you well: Chilled out, stress free.

• **Handful of fries together:** This kind of a habit can be a key indicator towards a person's worried mind. It is said that the people who stuff their mouth with more than two or three fries at a time are hyperactive in nature. They are always high on life, excited and constantly in a hurry. They will not only laugh out loud but will always cry at the same pitch. People like these are highly emotional and are always worried about what people think of them.

Top two words that suit you well: Restless, self-conscious

• **No hands required:** There is a certain category of people who will not touch their food! They will use all the possible means of utensils around them to eat their fries. A very prominent trait of such people is that they are critical. They are also control freaks, will take charge of everything around them and will plan the whole thing in advance. They will make you feel relaxed since they will be worrying about most of the stuff.

Top two words that suit them well: Paranoid, focused.

• **Seasoning required:** There is a group of people who cannot do with just fries. They would want to garnish it with all sorts of seasoning. From just salt and pepper to peri-peri, oregano and chili flakes, these kind of people always want more in their life. They have a tendency to get bored easily and always need constant motivation. Such people are also explorers and seek happiness in the smallest of things.

Top two words that suit them well: Rovers, confident.

• **Don't forget the dips:** Eating fries without dips is a big 'no' for some. From ketchup to exotic Thai chili sauce, these people would want some dip to go with their fries. A very basic trait of this category is that they love to spend. They are also relaxed beings and tend to make friends easily. They are independent, outgoing and big chatterboxes.

Top two words that suit them well: Gregarious, conversationalist. *IANS*



ALIGN YOUR LIFE

A matter of location

It is not always possible to find an ideal location for your office or home. There could be a million tips in Feng Shui. But when you actually go looking for an ideal place, you will have to be extremely lucky to tumble upon something that has perfect Feng Shui. Even if you construct a home based on personalised Feng Shui calculations, it will have to be updated after a 20-year period. Energy changes every 20 years and what is valid or auspicious now will no longer be good after 20 years. There are many general rules one can follow, but they do not give you specific and accurate results. However, what will impact your property for years to come is your immediate surroundings. If your surroundings are not favourable then Feng Shui won't be that effective.

That brings me to another point – what needs to be avoided in your surroundings while picking a property. Anything remotely near a graveyard should be avoided and property facing hospitals is also not considered good. Don't get me wrong; I am not superstitious. But over the years with experience I have come to realise that these places are best avoided.

Years ago, I was hired by a big hotel chain to look at one of their properties in the USA. Upon arriving at the hotel, I realised that the energy seemed very calm and quiet for a big hotel chain. A bit of investigation with my compass revealed that the hotel was located near a graveyard. The Flying Star Feng Shui revealed that the graveyard was falling into one of the bad Stars and the Yin energy was not allowing the business to flourish. A change of main entrance and relocation of the coffee shop, helped the hotel to pick up business. However ideally, I would have preferred that the hotel not be built in such a location in the first place. Recently, I was contacted by the owner of a business in Europe, whose shop falls in the vicinity of a graveyard. He has not been able to succeed for years now. I am keen to visit the site next month to see for myself how the graveyard factor has affected his business.

On the other hand, last year a client contacted me complaining of constant headaches and health problems. A visit to his home revealed that his entire house was facing a hospital emergency ward. Needless to say that Flying Star calculations revealed that his illness was indeed aggravated by the hospital.

So before you rent or buy, look around your surroundings. The key to balanced energy lies outside your home sometimes!

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