

Shivani Adalja, Wellbeing and Feng Shui consultant

What are the style constants in your life? A home is not a home without loads of sunshine and a lovely water feature to calm your mind after a long tiring day.

What is your favourite room in the house and why? My favourite room in the house has to be the living room as it has lots of natural light, a very comfortable couch and all my favourite books!

How do you relax? I indulge in a salt-water bath everyday. It not only relaxes me, but also cleanses my aura and helps me re-charge after a hectic day at work.

What are you into right now? I am into buying new chinaware for my collection.

What leaves you cold? A house without natural light and a cluttered bedroom.

What is your obsession in life? Help people find the right alignment in their external environment through Feng Shui and internal alignment through aura analysis.

What do you collect and why? I collect tarot cards. I have over 200 decks from different countries. I love the tarot cards as I initiated my spiritual journey when I started playing with them.

What is your guilty pleasure? Undoubtedly chocolate.

What is your greatest extravagance? Diamonds.

Do you a favourite gadget? My new Mac Book pro and my Blackberry.

What do you love about what you do? I change peoples' lives forever and that's the most rewarding job in the world.

How did you move from sociology to feng shui? Since childhood I could see aura colours and energies. For many years I thought something was wrong with my eyes. I used to visit peoples houses and comment on too much colour or energy in certain places and ask them to clean it up. When I moved to Hong Kong after taking up a job, I realized Feng Shui was the theory aspect of what I had been practicing for years. I decided to study the science and spending all my earnings into learning a new subject. Those 10 years in Hong Kong were the most rewarding time of my life. Then, when I was ready, I quit my job and started my own consultancy business to help people and I have never looked back.

What can you tell about a person's home from their personal aura? If the aura has too many colours or thoughts or patches of grey, it is likely that the person's house is very cluttered and the person is disorganized. Your aura is like your personal signature and it carries all the information about you. If the person has wrong placements of things at home and there is an imbalance, it will surely reflect in the aura.

How can we go about cleansing our auras – either at home or at work? The easiest way to clean your aura at home and at work is to take a few deep breaths and visualize white light entering your body from the top of your head and spreading in your entire body.

You regularly give workshops at Chivasom – what has been one of your best professional memories or triumphs? I was asked to conduct a short workshop for the inhouse physiotherapist of Chivasom. They had no idea about my work and what they were about to experience. After spending four hours with me, they were not only able to assess auras but also identify health problems through aura scanning. Their progress

PHOTOGRAPHY: ERRAIM EVIDOR

and talent stunned me. Many clients from Chivasom have now become personal friends as the reading session or the workshop has touched their lives in more than one ways. I was able to forewarn a lady about to have a heart attack, help a lady through a rough divorce through aura cleansing and help a Russian tycoon set up a new business through feng shui and aura alignment. The success stories are many and varied.

What is your idea for absolute happiness? To be at peace with myself.

Your house is on fire – what do you grab? My passport and my Blackberry.

What is your motto? Align your life energies and you will find the balance you are looking for.

What is your definition of luxury? I don't indulge much, but spending the night at Anantara Qasr Al Sarab recently was luxurious. My husband surely knows how to pamper me. ■

To learn how to balance your Aura and energy in your surroundings, contact Shivani +971 50 68 11 728, by email shivani@pathwood.com or visit her website www.pathwood.com



"THE EASIEST WAY TO CLEAN YOUR AURA IS TO VISUALISE WHITE LIGHT ENTERING YOUR BODY."